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**FOR IMMEDIATE RELEASE**

## **Pushing Boundaries Receives Grant from the Tulalip Tribes Charitable Fund**

[Pushing Boundaries](#), the Puget Sound's exercise-based paralysis recovery center, is pleased to announce it has received a \$10,000 grant from the Tulalip Tribes Charitable Fund. Pushing Boundaries will use the grant for general operating support.

There are approximately 70,000 people in the Puget Sound region that are living with some form of paralysis. Pushing Boundaries is helping clients experiencing paralysis from any neurological disorder, including spinal cord injuries, MS, traumatic brain injuries and stroke to regain and maintain health and independence.

"Support from the Tulalip Tribes Charitable Fund demonstrates their deep and long standing commitment to a healthy community," said Executive Director Tricia Lazzar. "We are honored to be recognized and included among the many organizations supported by the Tulalip Tribe." Pushing Boundaries is Washington State's only comprehensive exercise therapy focused on regaining function and independence in those who are paralyzed with neurological conditions.

For more information about the Tulalip Tribes Charitable Fund, please visit <http://www.tulalipcares.org/>

About Pushing Boundaries:

Founded in 2005, Pushing Boundaries provides intensive exercise based recovery therapy for people paralyzed due to illness or injury. Our mission is to provide intensive exercise therapy that strengthens and supports people living with paralysis, and their families, to maximize health and improve quality of life. To learn more about Pushing Boundaries, please visit <http://pushing-boundaries.org>