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For Immediate Release

## **Pushing Boundaries Announces Executive Director Transition**

After thirteen years of leadership for Washington State's premier provider of rehabilitative exercise therapy for individuals with neurological conditions, Executive Director Tricia Lazzar is stepping down from Pushing Boundaries.

Under her tenure, Pushing Boundaries has become a national leader in providing exercise therapy and support to individuals and families who have are living with a neurological injury or disorder.

In an announcement released by Pushing Boundaries, Ms. Lazzar highlighted some of the accomplishments that she has helped the non-profit organization achieve, focusing on the delivery of services to clients, the recognition by the medical community for exercise therapy, and the tremendous support from the community to ensure that Pushing Boundaries remains available to everyone.

"While I am proud of all our accomplishments during my 13 years as Executive Director, I am most proud of the dedicated and inspired staff who have represented Pushing Boundaries with dignity, professionalism and class, and the clients who have given their all to push their own boundaries to discover what is possible," Lazzar stated.

"Since joining us in 2006, Tricia has accomplished much and touched so many people's lives," Pushing Boundaries Board Chairman Barry Long stated. "We are all grateful for her unwavering support and guidance through the years. Countless numbers of people, organizations, and communities have been impacted by the strong leadership and passion Tricia has unselfishly given to Pushing Boundaries over the years."

According to Long, Pushing Boundaries is in the process of searching for a new Executive Director. "We're dedicated to hiring someone who will continue the passion and drive that Tricia has lead the organization with for so many years." An interim Executive Director has been hired to assist with the transition in leadership.

To read the full announcement, please visit <https://pushing-boundaries.org/home/executive-director-board-announcement/>

About Pushing Boundaries:

There are an estimated 70,000 people in the Puget Sound region alone living with spinal cord injury, stroke, traumatic brain injury or other degenerative illnesses such as Multiple Sclerosis (MS) and Parkinson's. Until Pushing Boundaries was founded in 2005, there were no

opportunities in the Northwest for recovery beyond traditional (and limited) rehabilitative services. Pushing Boundaries delivers about 6,000 hours of therapy each year at its Redmond facility.

<https://pushing-boundaries.org/>

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